ANTENATAL CARE
INCLUSION CRITERIA FOR THE CMP

INCLUSION CRITERIA FOR HOME BIRTH, MATERNAL CHOICE DOMINO CARE AND KALAMUNDA BIRTHING ROOMS

This protocol should be read in conjunction with the WA Health State-wide Policy for Publicly Funded Home Births (2013) and the ACMI Guidelines for Consultation and Referral (2013).

PROTOCOL

Women booking for a home birth or maternal choice domino care with the CMP must be considered to be at low risk of pregnancy and birth complications and meet the following criteria:

- is over the age of 18 at booking
- is ≤ para 5
- has the capacity to give informed consent
- lives within a geographical boundary no further than 30 minutes from a maternity service
- resides within the CMP geographical boundary by 35 weeks gestation
- has received regular antenatal care, with a health professional beginning in the first trimester, in line with NICE guidelines
- has applied to the CMP by 35 weeks of pregnancy
- consent to a minimum of one anatomy ultrasound scan at 20 weeks gestation and one full blood picture and blood group/antibody screen during the pregnancy at 28 – 34 weeks gestation
- has a singleton pregnancy
- at the time of labour has a cephalic presentation of gestational age between 37 and 42 weeks
- is free from pre-existing medical or pregnancy complications (as stated in the exclusion criteria in Section 3.2 of the Policy for Publicly Funded Home Births 2013)
- remains free from any condition affecting either mother or baby that develops during pregnancy or labour and increases the level of risk whereby home birthing is no longer considered to be a safe option according to the ACM National Guidelines for Consultation and Referral 2013 and the Policy for Publically Funded Home Births 2013
- weighs ≤110kg prior to the onset of labour
- has not had a child with a significant neonatal history as determined by a consultant obstetrician and/or paediatrician
- has a suitable home environment including but not limited to clean running water, good mobile phone coverage or working land line and electricity
- has easy vehicular access (that includes access by vehicles in the event transfer during labour is warranted)
• general home cleanliness with ability to provide hygienic sanitation

Geographical Boundaries
Women must reside within the geographical boundaries set by the CMP and live no further than 30 minutes from a maternity service. This includes 50kms North, 50km South of the CBD and 40kms East. The north, south and eastern boundary is determined in the north by the Great Northern Highway and in the south by the South Western Highway.

Terms of Care Document
If all medical, obstetric and neonatal history is unremarkable at the booking visit, the client will be asked to read and sign the Terms of Care document.

This document must also be signed again at 28 weeks gestation and 36 weeks gestation.

A client who declines to sign the Terms of Care document either at booking, 28 or 36 week periods, will be excluded from entering onto the program or continuing with the CMP. In this scenario, case management requires extensive involvement of the CMC and CMM.

It must be made clear to clients that in a circumstance where best practice recommends birth in hospital, the CMP midwife will support them in hospital and NOT attend them in their home environment during the intrapartum period.

Supporting maternity hospital
All Clients on the CMP must book with their local supporting maternity hospital in case medical support is required during their pregnancy, birth or postpartum period. Clients who do not wish to book at a hospital will be declined placement on the CMP. See CMP Clinical Guideline for referral processes to supporting maternity hospitals.

KEMH
Armadale health Service
Joondalup Health Campus
Rockingham General Hospital
Fiona Stanley Hospital
SJOG Midland

Low risk Domino Births
Low risk clients requesting to join the CMP and birth in hospital or a birth centre setting may do so at one of CMP’s supporting hospitals. Clients will be accepted as per availability of places and geographical restrictions set by the supporting hospitals. These clients must meet the criteria set out for home birth (as above) and must not have any risk factors that would deem them unsuitable for a home birth with the CMP. Should these clients change their mind in labour and request a home birth, they may do so.
REFERENCES / STANDARDs

National Standards – 1- Care Provided by the Clinical Workforce is Guided by Current Best Practice
12 Provision of Care

Legislation - Nil

Related Guidelines / Policies – WA Health Policy On Publically Funded Homebirth

Other related documents – Midwifery care when a Client Makes a Decision that Is Incompatible with the CMP
Midwifery Standard of Practice

RESPONSIBILITY

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<th>Policy Sponsor</th>
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Do not keep printed versions of guidelines as currency of information cannot be guaranteed. Access the current version from the WNHS website.

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