## URSODEOXYCHOLIC ACID (UDCA)

This document should be read in conjunction with this [DISCLAIMER](#).

### Presentation
- Capsule: 250mg
- Oral liquid: 50mg/mL

### Dose

**Obstetric cholestasis**
- **Oral:**
  - 10-15mg/kg daily in 2 or 3 doses (usually 250-500mg 3 times each day). Adjust dose according to response.

**Chronic cholestatic liver disease**
- **Oral:**
  - Primary biliary cirrhosis: 12-16mg/kg daily in 2 or 3 doses
  - Primary sclerosing cholangitis: 10-15mg/kg daily in 2 or 3 doses

### Administration
- **Oral**
  - Can be taken with or without food
  - Capsules can be opened and dispersed in water or mixed with yoghurt or apple puree

### Pregnancy
- **1st Trimester:** Consider alternative
- **2nd Trimester:** Considered safe to use
- **3rd Trimester:** Considered safe to use

### Breastfeeding
- Considered safe to use

### Monitoring
- Liver function and bilirubin each month for first 3 months then every 3 months.

### Clinical Guidelines and Policies
- [Cholestasis in pregnancy](#)

### References