




COLECALCIFEROL

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Formulary: Unrestricted			
Presentation	Oral Solution: 1000 units/0.2 mL (5000 units/mL)		
Drug Class	Vitamin D supplement		
Indication	<ul style="list-style-type: none">Prophylaxis of vitamin D deficiency for infants as per below table:		
	Corrected Gestational Age	Feed type	Prophylaxis required?
	Less than 35 weeks	All	Yes
	35 weeks and greater	Unfortified breastmilk	Yes
		Full feeds of formula or fortified breastmilk	No
<ul style="list-style-type: none">Treatment of vitamin D deficiency<ul style="list-style-type: none">For infants with a Vitamin D (25 Hydroxy Serum) level less than 50 nmol/L.Neonatal cholestasis.Treatment of nutritional rickets.			

ORAL	Presentation	Oral Solution: 1000 units/0.2 mL (5000 units/mL)	
	Dosage	Prophylaxis of vitamin D deficiency 500 units once daily. <i>Commence when infant has reached full feeds.</i> <i>It is recommended to continue supplementation until at least 6 months of age.</i>	
		Treatment of vitamin D deficiency 1000 units once daily.	
		Neonatal cholestasis 1000 units once daily.	
		Treatment of nutritional rickets 2000 units once daily for at least 3 months.	
	Administration	<ul style="list-style-type: none"> Draw prescribed dose into oral/enteral syringe. Can be given Oral/OGT/NGT. Can be given at any time with regards to feeds. 	

Monitoring	For preterm infants monitor vitamin D level with bone bloods as per CAHS Neonatology Blood Tests: Ordering Guideline .		
	Level (nmol/L)	Range	Action
	30 or less	Severely low	Treatment for vitamin D deficiency dose.
	30 to 50	Low	
	50 to 200	Target range	Remain on prophylaxis dose.
	Higher than 200	High	Cease Supplementation. Perform dipstick of urine daily. <ul style="list-style-type: none"> • If large amount of blood (3+) on two samples; organise for renal ultrasound. • If renal ultrasound identifies renal calculi discuss with renal physician and paediatric urologist.
Monitoring	Neonatal cholestasis: Check vitamin D level at 1 and 3 months.		
	Symptoms or vitamin D toxicity: Poor feeding, vomiting, diarrhoea, weight loss, polyuria, sweating, irritability, elevated plasma calcium and phosphate in plasma and urine.		
Side Effects	Common: Nil		
	Serious: Hypercalcaemia, nephrocalcinosis		
Storage	Store at room temperature, below 25°C.		
Comments	<ul style="list-style-type: none"> • Prophylactic doses can range from 400 to 500 units, depending on the colecalciferol product/brand used. • Pentavite® contains 400 units of colecalciferol per 0.45 mL dose. • Breast milk fortifiers and term and preterm formulas contain varying amounts of Vitamin D (Colecalciferol). Consult dietitian for further advice if required. 		

Related Policies, Procedures, and Guidelines

Clinical Practice Guidelines:

[CAHS Neonatology Blood Tests: Ordering Guideline](#)

[CAHS Neonatology Parenteral Nutrition Guideline](#)

[WNHS Obstetrics and Gynaecology Vitamin D Deficiency in Pregnancy](#)

References

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Document history

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Version Info:	V4.0 – full review, new template, changes made to align with updated obstetric guidelines, prophylaxis dose for all babies who are not receiving enough supplementation in their feeds. V4.1 – changes to indication and duration of prophylaxis (March 2025)				
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NSQHS Standards Applicable:	<input checked="" type="checkbox"/>  Std 1: Clinical Governance		<input checked="" type="checkbox"/>  Std 4: Medication Safety		
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