



ADULT MEDICATION GUIDELINE	
Amitriptyline	
Scope (Staff):	All WNHS Staff
Scope (Area):	Obstetrics and Gynaecology
This document should be read in conjunction with the Disclaimer .	

Quick Links

Dose	Administration	Monitoring	Pregnancy and Breastfeeding
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Restrictions

Formulary: Restricted
HIGH RISK Medication 

Medication Class

Tricyclic antidepressant

Presentation

Tablet: 10mg, 25mg, 50mg
Cream: available combined with other active ingredients for compounding – contact Pharmacy for details

Storage

Store at room temperature, below 25°C. Protect from light

Dose

<p><u>Vulvodynia</u></p> <p>Refer to KEMH Clinical Guideline: Gynaecology for appropriate dose regimen</p>
<p><u>Adjuvant in pain management</u></p> <p>Oral:</p> <p>10-25mg at night initially, increasing to a maximum of 150mg</p>

Major Depression**Oral:**

25-75mg daily, increasing by 25-50mg every 2 to 3 days to 75-150mg daily. Maximum 300mg daily

Administration**Oral**

Take with or without food.

Maintenance doses are usually taken at night

Monitoring

Check blood pressure (supine and standing) before and after starting treatment and after each dose change.

Monitor patients frequently and carefully early in treatment as increased suicidal thoughts and behaviour can occur after starting antidepressants.

Withdraw dose slowly to avoid withdrawal effects.

Halve the dose in severe hepatic impairment.

Pregnancy

1st Trimester: Considered safe to use

2nd Trimester: Considered safe to use

3rd Trimester: Considered safe to use

Breastfeeding

Considered safe to use

Related Policies, Procedures & Guidelines**WNHS Clinical Practice Guidelines:**

O&G: [Gynaecology \(Non-oncological\)](#)

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