



## ADULT MEDICATION GUIDELINE

# ENALAPRIL

**Scope (Staff):** All WNHS Staff

**Scope (Area):** Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

### Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and  
Breastfeeding](#)

### Restrictions

[Formulary: Unrestricted](#)

### Medication Class

Antihypertensive agent

Angiotensin Converting Enzyme (ACE) Inhibitors

### Presentation

**Form:** Tablet: 5mg, 10mg

### Storage

Store at room temperature, below 25°C. Protect from light and moisture.

### Dose

#### **Indication 1: Post-partum hypertension**

**Oral:**

5mg daily, increased at intervals of 1 to 2 weeks up to 10-40mg daily in one or two doses.

### Administration

**Oral**

With or without food

## Monitoring

Blood pressure

Renal function and electrolytes prior to therapy then review as needed

## Pregnancy

**1<sup>st</sup> Trimester:** Contraindicated

**2<sup>nd</sup> Trimester:** Contraindicated

**3<sup>rd</sup> Trimester:** Contraindicated

## Breastfeeding

Considered safe to use

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

## Related Policies, Procedures & Guidelines

### WNHS Clinical Practice Guidelines:

KEMH Clinical Guideline: O&G: [Hypertension in Pregnancy: Medical Management](#)

KEMH Clinical Guideline: O&G: [Cardiac disease](#)

## References

Australian Medicines Handbook. Enalapril. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2022 [cited 2022 March 22]. Available from: <https://amhonline.amh.net.au/>

The Royal Women's Hospital. Enalapril. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2021 [cited 2022 March 22]. Available from: <https://thewomenspbmg.org.au/>

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Keywords	Enalapril, hypertension, blood pressure, ACE inhibitor				
Document Owner:	Chief Pharmacist				
Author/ Reviewer	KEMH Pharmacy Department				
Version Info:	4.0				
Date First Issued:	01/01/2015	Last Reviewed:	01/05/2022	Review Date:	01/05/2025
Endorsed by:	Medicines and Therapeutics Committee			Date:	05/07/2022
NSQHS Standards Applicable:	<input checked="" type="checkbox"/>  Std 1: Clinical Governance				
	<input checked="" type="checkbox"/>  Std 4: Medication Safety				
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