



ADULT MEDICATION GUIDELINE

LABETALOL – ORAL

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| Scope (Staff): | All WNHS Staff |
| Scope (Area): | Obstetrics and Gynaecology |

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and Breastfeeding](#)

Restrictions

[Formulary: Unrestricted](#)

[SAS Category A](#) (item requires approval by TGA)

Medication Class

Beta-blockers

Presentation

Tablet (SAS): 100mg (SAS), 200mg (SAS)

Storage

Store at room temperature, below 30°C

Dose

Hypertension

Oral:

Initially 100mg twice to three times a day, increase each week according to response to 200-400mg twice to three times a day. Maximum of 2400mg in 3 or 4 divided doses.

For more information, refer to Clinical Guideline: [Hypertension in pregnancy: Medical management](#)

Administration

Oral

Food increases absorption. Give after food.

Monitoring

Blood pressure upon standing, particularly within 1-3 hours of initial dosage increment.

Pregnancy

1st Trimester: Considered safe to use.

2nd Trimester: Monitoring required

3rd Trimester: Monitoring required

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

Breastfeeding

Considered safe to use

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Hypertension in pregnancy: Medical management](#)

[Hypertension in pregnancy – midwifery care](#)

WNHS Pharmaceutical and Medicines Management Guidelines:

[Medication Administration](#)

References

Australian Medicines Handbook. Labetalol. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2023 [cited 2023 Feb 7]. Available from: <https://amhonline.amh.net.au/>

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