



# Welcome to Women and Newborn Health Service at Osborne Park Hospital

Welcome to Women and Newborn Health Service, incorporating Osborne Park Hospital (OPH), King Edward Memorial Hospital, the Family Birth Centre, and the Community Midwifery Program.

This information sheet will give you information about the care you will receive with us at OPH. Keep it with you throughout your stay as it contains lots of information and advice you might find useful.

We offer a full range of support services including social workers, physiotherapists, lactation consultants and dietitians. OPH has male and female staff and while every effort is made to accommodate requests for female caregivers, we cannot guarantee their availability.



**You are not permitted to smoke anywhere inside the hospital or outside within the hospital grounds.**



**Free parking is available on site at OPH.**

## WNHS Maternity Unit

WNHS Maternity unit consists of six labour birthing suites and a 20-bed ward. There is a relatively equal split of single rooms and shared rooms on the ward. The labour and birth suites are newly refurbished, fresh and open space where you will be made comfortable for the duration of your labour before being transferred back to the ward for your postnatal care.



## Visitors at OPH

All visitors to hospital sites must be double-dose vaccinated (see below for vaccination exemptions) and must show proof of their COVID-19 vaccination status (external site), either in a digital or paper-based form, along with approved identification in some cases.

If you know that your Essential Visitor is unvaccinated, we would ask that you call the midwife coordinator on (08) 6457 8021.

### Essential Visitor

You can **nominate** one Essential Visitor for the duration of your stay. That Essential Visitor can be with you for the duration of your labour and four hours post birth (when birthing after 8pm). Your Essential Visitor can then return between the hours of 8am and 8pm daily.

### Standard Visitors can visit

10am to 12pm and  
5pm and 7pm.

### Mobile phones and internet

You and your visitors may use mobile phones, except during clinical assessments or when signs indicate that mobile phones are not to be used. Please note: use of cameras including those on mobile phones is strictly prohibited in some areas and all patients and visitors must comply with the signs displayed. When using cameras in the hospital please be respectful of others. Staff and fellow patients have a right to refuse to be photographed.

### Social media and videos

All patients must receive permission from a staff member for them to be featured in patient images or video. Staff have the right to refuse and permission must always be sought.

## Facilities at OPH

### In room TV

Most rooms have access to a television. However, unless you've been admitted as a private patient, you'll need to pay for use of the television which can be done at the ward reception desk.

Alternatively, TV packages are available for you to view or purchase online before or when you arrive at [hillstv.com.au](http://hillstv.com.au).

Approximate TV costs are: 1 Day \$10, 2 days \$19 and 3 days \$27.50. These costs are subject to change.

Our maternity unit is always focused on safety, so rather than be worried at home we encourage you to call us any time. We are open 24 hours a day and the midwife coordinator can be directly contacted on (08) 6457 8021.

As a new parent we know that it can be very daunting at times. Our midwifery team is here to help and guide you every step of the way.



## Women and Newborn Health Service

Osborne Park Hospital

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☎ (08) 6457 8000

🌐 [oph.health.wa.gov.au](http://oph.health.wa.gov.au)

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