

OFFICIAL



Government of Western Australia
North Metropolitan Health Service
Women and Newborn Health Service

DNAMER Professional Development Days 2025



Version 2

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MANDATORY TRAINING AND SIMULATION

| Compulsory In-Service HBLS/RRAD, NNR, MH, Donning & Doffing | Induction All new staff | Day 2 | ALS | Advanced neoResus | |
|---|---|---|--|---|---------------------------------------|
| <div>Jan 30th</div> <div>Feb 6th, *13th, 27th</div> <div>Mar 5th, 27th</div> <div>Apr *1st, 10th, *17th, *24th</div> <div>May 1st, *8th, 29th</div> <div>Jun 4th, *12th, *19th, 26th</div> <div>Jul *8th, 17th, *31st</div> <div>Aug 7th, *14th, *28th</div> <div>Sep 4th, 11th, *25th</div> <div>Oct 2nd, *8th, 16th, *23rd</div> <div>Nov 5th, *13th, *20th, 27th</div> <div>Dec 9th, *18th</div> <div>*Midwives only</div> | <div>Jan 20th</div> <div>Mar 17th</div> <div>May 12th</div> <div>Jun 23rd</div> <div>Aug 11th</div> <div>Sep 22nd</div> <div>Nov 17th</div> | <div>Jan 21st</div> <div>Mar 18th</div> <div>May 13th</div> <div>Jun 24th</div> <div>Aug 12th</div> <div>Sep 23rd</div> <div>Nov 18th</div> | <div>Mar 11th</div> <div>May 20th</div> <div>Jul 1st</div> <div>Aug 19th</div> <div>Oct 28th</div> | <div>Jan 22nd</div> <div>Feb 5th</div> <div>Mar 19th</div> <div>Apr 16th</div> <div>May 7th</div> <div>Jun 11th</div> <div>Jul 2nd</div> <div>Aug 6th</div> <div>Sep 3rd</div> <div>Oct 1st</div> <div>Nov 12th</div> <div>Dec 10th</div> | |
| FSEP | NeoResus 1st Responder | PROMPT | PROMPT - Postnatal | Gynae InTime | Anaesthetic SIM |
| <div>Feb 3rd, 28th</div> <div>May 2nd</div> <div>Jul 25th</div> <div>Aug 8th, 29th</div> <div>Oct 24th</div> | <div>Apr 3rd</div> <div>May 22nd</div> <div>Jul 24th</div> <div>Aug 21st</div> | <div>Mar 6th</div> <div>May 15th</div> <div>Jul 3rd</div> <div>Sep 19th</div> <div>Oct 13th</div> <div>Nov 6th</div> | <div>Feb 20th</div> <div>Dec 4th</div> | <div>Jun 5th</div> <div>Oct 31th</div> | <div>Feb 4th</div> <div>Aug 5th</div> |





BREASTFEEDING BASICS AND BEYOND

Breastfeeding Matters

- A series of 5 half-day study days (4 hours) F2F
- Covers a variety of topics:
 - 30th April* Breastfeeding skills workshop
 - 7th May* Breastfeeding case studies
 - 14th May* Breastfeeding the baby with risk factors
 - 21st May* Breastfeeding with breast/nipple risk factors
 - 28th May* Breastfeeding beyond discharge

Breastfeeding Policy

- Full day study day (8 hours - pre-reading and F2F)
- BFHI Group 1
- Mandatory training requirement for newly employed WNHS staff who will be working with breastfeeding mothers and their babies and is a BFHI requirement
- Also recommended for continuing staff to communicate any changes to breastfeeding policy
 - 31st Jan, 27th Feb, 9th April, 25th June, 28th August, 15th Oct, 3rd Dec*

More about Breastfeeding

- Two half-day study days (4 hours) F2F
- Learn more about breastfeeding:
 - 12th March* Discussions around handheld record, ACE study, latest research
 - 12th Nov* BFHI, Twins/BF multiples, BF myths and misconceptions



BIRTH AND BEYOND

Birth

- Full day study day (8 hours) F2F
- Focuses on strategies to support and maintain Normal Birth in both low and high-risk setting. Varying updates from interesting and relevant presenters.

25th November

Endorsed Midwives

- Full day study day (8 hours) F2F
- Provides CPD specific to midwifery endorsement.
- Endorsed midwives as well as those who are interesting in gaining endorsement are encouraged to attend to expand their knowledge and understanding around midwifery scope of practice, prescribing, and the responsibilities associated with gaining endorsement.
- Covers midwife prescribing, ordering and interpreting diagnostics, the scope of practice of the endorsed midwife and endorsement in different care settings.

22nd October

Postnatal/Neonatal care

- Full day study day (8 hours) F2F
- A course that explores the challenges and practices unique to postnatal care including new perspectives in postnatal care, lived experiences and innovations in midwifery care in the postnatal setting.

4th March





ADVANCING CLINICAL SKILLS

Full Physical Examination of the Newborn

- Half day study day (4.5 hours) F2F and eLearning (25 hours)
- For midwives who are completing the 12-month Full Physical Examination of the Newborn for Midwives course
- Helps midwives develop their knowledge and skills in Full Physical Examination of the normal low risk newborn
- Skills obtained: red eye reflex examination, hip examination, cardiac examination and abdominal palpation

17th September

IV Cannulation Course (Adult)

- 2 hour workshop(1000-1200)
- Practical IV cannulation training
- Required to complete clinical competency requirements within a 6-month timeframe

29th April, 14th October

Perineal Repair and Assessment

- Half day study day (4 hours) F2F plus eLearning
- Recommended for staff working towards achieving their perineal repair competency
- Practical and theoretical perineal suturing training - opportunity to perform perineal repair skills on training models

8th April, 22nd July, 4th November





SPECIALTIES AND COMPLEX CARE

Enhanced Recovery After Surgery (ERAS)

- Full day study day (8 hours) F2F
- Explores measures that should be taken to enhance recovery for the surgical patient

2nd December

Diabetes in Pregnancy

- Two full day study days (8 hours) F2F

14th March Entry level

17th Oct Advanced level

High Dependency Care

- A full day study day (8 hours) F2F
- Explores care for high-risk women (gynae and obstetric) requiring intensive management

7th April, 16th September

Midwifery Complex Care

- Full day study day (8 hours) F2F
- Explores complex issues midwives and nurses may face across the childbirth continuum

30th July

Pain Management

- Full day study day (8 hours) F2F
- Overview of challenges and innovations in managing pain in a complex setting

26th September

Blood Management

- Half day study day (4 hours) F2F
- Explores complexities of blood management in obstetrics and gynaecology

12th August

Sepsis (Infection)

- Full day study day (8 hours) F2F
- Explores sepsis in obstetrics and gynaecology context

12th September

WANDAS

- A full day (8 hours) F2F study day
- WANDAS management, comorbidities, psychosocial aspects and latest updates

21st October



MENTAL HEALTH MATTERS

Anxiety Disorders in the Perinatal Period

- Full day study day (8 hours) F2F
- Covers impact of anxiety, common anxiety disorders, screening & treatment and case studies
Feb 11th, April 30th, July 28th, Oct 14th

Mental Health First Aid Course

- 2-3 F2F sessions in series (**MUST attend all in series**), equates to 12 hours
- Successful completion of series and short online assessment equips you as an accredited Mental Health First Aider (lasts 3 years)
- Provides the skills & confidence to recognise & respond to mental health problems or crisis
Series 1: 17th Mar, 31st Mar | Series 2: 9th Jun, 23rd Jun, 7th Jul | Series 3: 22nd Sep, 13th Oct

Mental Health First Aid Refresher Course

- Half-day study day (4 hours) F2F
- To be completed as a refresher 3 years after the above course to maintain accreditation
2nd April, 27th Oct

Perinatal Mental Health Screening & Management

- 6 hour study day F2F
- Provides health professionals with an understanding of perinatal mental health disorders
26th March, 3rd June, 21st Aug, 4th Nov

Perinatal & Infant Mental Health Study Day

- Full day study day (8 hours) F2F
- Improve knowledge & understanding of mental health implications within the perinatal period
3rd November

PIP-MC

- Full day study day (8 hours) F2F
- A SIM-based, interprofessional mental health education program
25th Feb

Vicarious Trauma

- Half-day study day (2-2.5 hours with optional yoga) F2F
- Examines the possible impacts on professionals working with clients who have experienced trauma and hardship, or content that is confronting
18th Feb, Oct 14th



WOMENS HEALTH & BEYOND

Diversity and Inclusion Series

- A series of 5 half-day (4 hours) F2F study days covering a variety of topics:

23rd July LGBTQIA+

17th Sept Cultural and religious diversity

7th October Neurodiversity in health

Insights into Women's Cancer Care

- Full day study day (8 hours) F2F
- Explores the management of cancers affecting women's reproductive health

21st November

Perinatal Loss Series

- A series of 4 half-day study days (4 hours) F2F covering a variety of topics:

29th April Pregnancy loss prior to 20 weeks

27th May Pregnancy loss after 20 weeks

10th June Grief and the future

Perioperative Care

- Full day study day (8 hours) F2F
- Offers key insights into perioperative services at KEMH

25th September

Sexual and Reproductive Health (SRH)

- Full day study day (8 hours) F2F
- Explores topics related to women's SRH e.g. STIs, abortion, fertility, menopause, endo, etc

3rd September

Urogynaecology

- Half day study day (4 hours) F2F
- Diagnosis & management of uro-gynae issues for women with pelvic floor dysfunction

24th July

Maternity Providers Care Network

- 2 hour online teams sessions, see flyers for topics

10th Feb, 10th Mar, 14th Apr, 12th May, 9th Jun, 14th Jul, 11th Aug, 8th Sep, 13th Oct, 10th Nov

Aboriginal Person Centred Care Training

- Full day study day (7 hours) F2F, various health locations
- Gain an understanding of different Aboriginal perspectives of health & wellbeing

31st March, 29th July, 27th Oct



ELEVATING LEADERSHIP, PROFESSIONAL GROWTH & RESEARCH SKILLS



Research & Innovations Symposium

- Full day symposium (8 hours) F2F
- Multidisciplinary and quality improvement forum for all WNHS and WA Health staff to share WNHS research and workshop ideas for service improvement

15th August

Research & Quality Improvement Skills

- Full day study day (8 hours) F2F
- Learn how to develop a research question from scratch, navigate GEKO and RGS systems, improve your literature search skills & work with engaged teams to improve care in your area.

9th May

Research & Quality

- 1.5 hour sessions (1330-1500) F2F

16th June Getting started with QI and research

29th July Staying connected to research

15th Sept Building a QI project from scratch

30th Oct Beyond the project - enhancing the impact of QI

Emerging Leaders ANF Level 1

- Full day study day (8 hours) F2F
- For level 1 staff to support their development to a level 2 role. Topics may include: selection criteria, interviews, JDFs, coordinating, time management, communication and escalation skills, CIMS/SQP, level 2 duties, education, rostering.

31st March

Emerging Leaders ANF Level 2

- Full day study day (8 hours) F2F
- For level 2 staff to support their development to an SRN role. Topics may include: selection criteria, interviews, JDF's, difficult conversations/communication, HR management, performance management, EBA.

28th April

Leadership (Emerging) Skills Workshops

- 1.5 hour sessions (1330-1500) F2F

26th May Leadership styles

23rd Jun Providing feedback in the clinical setting

14th July HR management

4th Aug Managing underperformance

Teaching and Assessment Program (TAAP)

- Full day study day (8 hours) F2F
- Presentations & workshops to develop confidence in teaching, assessing & leadership skills
- Requirement for staff who teach and assess BLS and NNR

13th March, 29th Oct



WNHS CPD FOR ALL STAFF

Dealing with conflict

19th May

Habits of highly effective people

25th March, 29th Oct

Leading teams (through change)

16th June

Performance management

2nd Sept

Providing feedback

2nd April

Childbearing and CALD women

11th Feb, 5th Aug

FDV coercive control

26th Feb

FDV in diverse populations

10th June

FDV in the workplace

3rd April

FDV - Understanding trauma

24th July

FDV - Youth understandings

27th May

FDV - Working with perpetrators

13th Nov

Female genital cutting/mutilation

6th Feb

Forced marriage, dowry and abuse

6th May

Migrant and Refugee health training

17th June



WNHS Nursing and Midwifery Staff Bookings



Mandatory training
and simulation



Breastfeeding basics
and beyond



Birth and beyond



Advancing clinical
skills



Specialities and
complex care



Mental health
matters



WNHS Nursing and Midwifery Staff Bookings



Elevating leadership,
professional growth and
research skills



Women's health and beyond:
diverse and specialised



WNHS CPD for all staff



SARC, FDV & CALD
education

**Topics and dates subject to change*
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