

# MANDATORY TRAINING AND SIMULATION

Compulsory In-Service HBLS/RRAD, NNR, MH, Donning & Doffing	Induction All new staff	Day 2	ALS	Advanced
Jan 30th Feb 6th, *13th, 27th Mar 5th, 27th Apr *1st, 10th, *17th, *24th May 1st, *8th, 29th Jun 4th, *12th, *19th, 26th Jul *8th, 17th, *31st Aug 7th, *14th, *28th Sep 4th, 11th, *25th Oct 2nd, *8th, 16th, *23rd Nov 5th, *13th, *20th, 27th Dec 9th, *18th *Midwives only	Jan 20th Mar 17th May 12th Jun 23rd Aug 11th Sep 22nd Nov 17th	Jan 21st Mar 18th May 13th Jun 24th Aug 12th Sep 23rd Nov 18th	Mar 11th May 20th Jul 1st Aug 19th Oct 28th	neoResus  Jan 22nd Feb 5th Mar 19th Apr 16th May 7th Jun 11th Jul 2nd Aug 6th Sep 3rd Oct 1st Nov 12th Dec 10th

FSEP	NeoResus 1st	PROMPT	PROMPT -	Gynae	Anaesthetic
Feb 3rd, 28th May 2nd Jul 25th Aug 8th, 29th Oct 24th	Apr 3rd May 22nd Jul 24th Aug 21st	Mar 6th May 15th Jul 3rd Sep 19th Oct 13th Nov 6th	Feb 20th Dec 4th	Jun 5th Oct 31th	Feb 4th Aug 5th







# **BREASTFEEDING BASICS AND BEYOND**

# **Breastfeeding Matters**

- A series of 5 half-day study days (4 hours) F2F
- Covers a variety of topics:

30th April Breastfeeding skills workshop

7th May Breastfeeding case studies

14th May Breastfeeding the baby with risk factors

21st May Breastfeeding with breast/nipple risk factors

28th May Breastfeeding beyond discharge

#### **Breastfeeding Policy**

- Full day study day (8 hours pre-reading and F2F)
- BFHI Group 1
- Mandatory training requirement for newly employed WNHS staff who will be working with breastfeeding mothers and their babies and is a BFHI requirement
- Also recommended for continuing staff to communicate ay changes to breastfeeding policy

31st Jan, 27th Feb, 9th April, 25th June, 28th August, 15th Oct, 3rd Dec

## **More about Breastfeeding**

- Two half-day study days (4 hours) F2F
- Learn more about breastfeeding:

*12th March* Discussions around handheld record, ACE study, latest research *12th Nov* BFHI, Twins/BF multiples, BF myths and misconceptions







# **BIRTH AND BEYOND**

#### **Birth**

- Full day study day (8 hours) F2F
- Focuses on strategies to support and maintain Normal Birth in both low and high-risk setting. Varying updates from interesting and relevant presenters.

25th November

#### **Endorsed Midwives**

- Full day study day (8 hours) F2F
- Provides CPD specific to midwifery endorsement.
- Endorsed midwives as well as those who are interesting in gaining endorsement are
  encouraged to attend to expand their knowledge and understanding around midwifery
  scope of practice, prescribing, and the responsibilities associated with gaining
  endorsement.
- Covers midwife prescribing, ordering and interpreting diagnostics, the scope of practice of the endorsed midwife and endorsement in different care settings.

22nd October

#### Postnatal/Neonatal care

- Full day study day (8 hours) F2F
- A course that explores the challenges and practices unique to postnatal care including new perspectives in postnatal care, lived experiences and innovations in midwifery care in the postnatal setting.

4th March







# **ADVANCING CLINICAL SKILLS**

#### Full Physical Examination of the Newborn

- Half day study day (4.5 hours) F2F and eLearning (25 hours)
- For midwives who are completing the 12-month Full Physical Examination of the Newborn for Midwives course
- Helps midwives develop their knowledge and skills in Full Physical Examination of the normal low risk newborn
- Skills obtained: red eye reflex examination, hip examination, cardiac examination and abdominal palpation

17th September

#### **IV Cannulation Course (Adult)**

- 2 hour workshop(1000-1200)
- Practical IV cannulation training
- Required to complete clinical competency requirements within a 6-month timeframe 29th April, 14th October

#### **Perineal Repair and Assessment**

- Half day study day (4 hours) F2F plus eLearning
- Recommended for staff working towards achieving their perineal repair competency
- Practical and theoretical perineal suturing training opportunity to perform perineal repair skills on training models

8th April, 22nd July, 4th November





# **Enhanced Recovery After Surgery (ERAS)**

- Full day study day (8 hours) F2F
- Explores measures that should be taken to enhance recovery for the surgical patient 2nd December

# **Diabetes in Pregnancy**

Two full day study days (8 hours) F2F
 14th March Entry level
 17th Oct Advanced level

# **High Dependency Care**

- A full day study day (8 hours) F2F
- Explores care for high-risk women (gynae and obstetric) requiring intensive management *7th April, 16th September*

# **Midwifery Complex Care**

- Full day study day (8 hours) F2F
- Explores complex issues midwives and nurses may face across the childbirth continuum 30th July

## **Pain Management**

- Full day study day (8 hours) F2F
- Overview of challenges and innovations in managing pain in a complex setting 26th September

## **Blood Management**

- Half day study day (4 hours) F2F
- Explores complexities of blood management in obstetrics and gynaecology
   12th August

# Sepsis (Infection)

- Full day study day (8 hours) F2F
- Explores sepsis in obstetrics and gynaecology context 12th September

#### **WANDAS**

- A full day (8 hours) F2F study day
- WANDAS management, comorbidities, psychosocial aspects and latest updates 21st October







# MENTAL HEALTH MATTERS

# **Anxiety Disorders in the Perinatal Period**

- Full day study day (8 hours) F2F
- Covers impact of anxiety, common anxiety disorders, screening & treatment and case studies *Feb 11th, April 30th, July 28th, Oct 14th*

#### **Mental Health First Aid Course**

- 2-3 F2F sessions in series (MUST attend all in series), equates to 12 hours
- Successful completion of series and short online assessment equips you as an accredited Mental Health Fist Aider (lasts 3 years)
- Provides the skills & confidence to recognise & respond to mental health problems or crisis Series 1: 17th Mar, 31st Mar | Series 2: 9th Jun, 23rd Jun, 7th Jul | Series 3: 22nd Sep, 13th Oct

#### Mental Health First Aid Refresher Course

- Half-day study day (4 hours) F2F
- To be completed as a refresher 3 years after the above course to maintain accreditation 2nd April, 27th Oct

## Perinatal Mental Health Screening & Management

- 6 hour study day F2F
- Provides health professionals with an understanding of perinatal mental health disorders 26th March, 3rd June, 21st Aug, 4th Nov

# **Perinatal & Infant Mental Health Study Day**

- Full day study day (8 hours) F2F
- Improve knowledge & understanding of mental health implications within the perinatal period 3rd November

#### PIP-MC

- Full day study day (8 hours) F2F
- A SIM-based, interprofessional mental health education program 25th Feb

#### **Vicarious Trauma**

- Half-day study day (2-2.5 hours with optional yoga) F2F
- Examines the possible impacts on professionals working with clients who have experienced trauma and hardship, or content that is confronting 18th Feb, Oct 14th







# **WOMENS HEALTH & BEYOND**

#### **Diversity and Inclusion Series**

• A series of 5 half-day (4 hours) F2F study days covering a variety of topics:

23rd July LGBTQIA+

17th Sept Cultural and religious diversity

7th October Neurodiversity in health

#### **Insights into Women's Cancer Care**

- Full day study day (8 hours) F2F
- Explores the management of cancers affecting women's reproductive health 21st November

#### **Perinatal Loss Series**

• A series of 4 half-day study days (4 hours) F2F covering a variety of topics:

29th April Pregnancy loss prior to 20 weeks

27th May Pregnancy loss after 20 weeks

10th June Grief and the future

#### **Perioperative Care**

- Full day study day (8 hours) F2F
- Offers key insights into perioperative services at KEMH 25th September

#### Sexual and Reproductive Health (SRH)

- Full day study day (8 hours) F2F
- Explores topics related to women's SRH e.g. STIs, abortion, fertility, menopause, endo, etc 3rd September

#### Urogynaecology

- Half day study day (4 hours) F2F
- Diagnosis & management of uro-gynae issues for women with pelvic floor dysfunction 24th July

# **Maternity Providers Care Network**

• 2 hour online teams sessions, see flyers for topics 10th Feb, 10th Mar, 14th Apr, 12th May, 9th Jun, 14th Jul, 11th Aug, 8th Sep, 13th Oct, 10th Nov

#### **Aboriginal Person Centred Care Training**

- Full day study day (7 hours) F2F, various health locations
- Gain an understanding of different Aboriginal perspectives of health & wellbeing 31st March, 29th July, 27th Oct





# ELEVATING LEADERSHIP, PROFESSIONAL GROWTH & RESEARCH SKILLS



#### **Research & Innovations Symposium**

- Full day symposium (8 hours) F2F
- Multidisciplinary and quality improvement forum for all WNHS and WA Health staff to share WNHS research and workshop ideas for service improvement

15th August

#### Research & Quality Improvement Skills

- Full day study day (8 hours) F2F
- Learn how to develop a research question from scratch, navigate GEKO and RGS systems, improve your literature search skills & work with engaged teams to improve care in your area. 9th May

#### **Research & Quality**

• 1.5 hour sessions (1330-1500) F2F

16th June Getting started with QI and research

29th July Staying connected to research

15th Sept Building a QI project from scratch

30th Oct Beyond the project - enhancing the impact of QI

#### **Emerging Leaders ANF Level 1**

- Full day study day (8 hours) F2F
- For level 1 staff to support their development to a level 2 role. Topics may include: selection criteria, interviews, JDFs, coordinating, time management, communication and escalation skills, CIMS/SQP, level 2 duties, education, rostering.

31st March

#### **Emerging Leaders ANF Level 2**

- Full day study day (8 hours) F2F
- For level 2 staff to support their development to an SRN role. Topics may include: selection criteria, interviews, JDF's, difficult conversations/communication, HR management, performance management, EBA.

28th April

# Leadership (Emerging) Skills Workshops

• 1.5 hour sessions (1330-1500) F2F

26th May Leadership styles

23rd Jun Providing feedback in the clinical setting

14th July HR management

4th Aug Managing underperformance

#### **Teaching and Assessment Program (TAAP)**

- Full day study day (8 hours) F2F
- Presentations & workshops to develop confidence in teaching, assessing & leadership skills
- Requirement for staff who teach and assess BLS and NNR

13th March, 29th Oct







# WNHS CPD FOR ALL STAFF

# Dealing with conflict

19th May

# Habits of highly effective people

25th March, 29th Oct

## Leading teams (through change)

16th June

#### Performance management

2nd Sept

# **Providing feedback**

2nd April

# **Childbearing and CALD women**

11th Feb, 5th Aug

#### **FDV** coercive control

26th Feb

#### FDV in diverse populations

10th June

#### FDV in the workplace

3rd April

#### FDV - Understanding trauma

24th July

#### **FDV - Youth understandings**

27th May

#### FDV - Working with perpetrators

13th Nov

#### Female genital cutting/mutilation

6th Feb

#### Forced marriage, dowry and abuse

6th May

## Migrant and Refugee health training

17th June





# WNHS Nursing and Midwifery Staff Bookings







Birth and beyond



Advancing clinical skills



Specialities and complex care



Mental health matters





# WNHS Nursing and Midwifery Staff Bookings



Elevating leadership, professional growth and research skills



Women's health and beyond: diverse and specialised





\*Topics and dates subject to change **Updated 29.03.2025** 



