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| Date: UMR: |
| **Skill** | Completed Y/N |
| Assess an individual’s suitability for Implanon NXT including:* Determining any contraindication to Implanon NXT
* Determine any contraindications to the use of antiseptic solution and use of local anaesthetic
* Review the patient’s concurrent medicines and any potential interactions with etonogestrel
* Determining the appropriate timing of Implanon NXT initiation, including exclusion of pregnancy prior to insertion and switching from another contraceptive method
* Obtain informed consent for the procedure and document this in patient records
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| Provide advice about possible side effects and management options including:* Bleeding patterns and other side effects of Implanon NXT
* Follow up and management of adverse bleeding patterns and side effects
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| Set up the environment for the insertion using appropriate sterile/aseptic techniqueEnsure there is adequate time, a good light source and complete set of equipment.  |  |
| Prepare for insertion including:* Position the woman lying on a bed, with her arm flexed and externally rotated, and her hand next to her head
* Positioning themselves in relation to the woman allowing visualisation of the needle during insertion
* Identify and mark the correct insertion site by palpating 3-5cm posterior to the sulcus between the biceps and triceps muscle, 8-10cm proximal to the medial epicondyle, in the non dominant arm
* Clean the site with appropriate skin preparation (such as chlorhexidine)
* Identify and administer appropriate local anaesthetic along a 4cm length (lignocaine hydrochloride 1% recommended)

Check the Implanon NXT applicator to ensure a white tip of the insert can be visualised  |  |
| Insert the implant* Pierce the skin at an angle of <30\* and then re-angle to a horizontal position to insert the implant superficially in the sub dermis
* Tent the skin slightly as progressing the needle to ensure superficial insertion

Once the needle has been inserted the full length, depress the purple slider to retract the needle |  |
| Palpate both ends of the implant to confirm location |  |
| Apply waterproof dressing then ask the woman to palpate the implant |  |
| Apply pressure dressing  |  |
| Provide advice to the woman on self care relating to insertion including:* Instructions on self palpation
* Ongoing care required for dressing and pressure bandage

Documentation detailing insertion site, insertion date and date for removal |  |

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| **Midwife reflection** |
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| **Supervisor comment (**include areas of strength and areas for improvement) |
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| Supervisor’s name:  | Supervisor’s signature: |