



# Support Services in Western Australia

SARC will endeavour to keep service information up to date with an annual review. Occasionally links may not work. We apologise when this occurs and suggest you do a search for the service on the internet. Please let us know of any issues, or any services to add, by emailing [SARCTraining@health.wa.gov.au](mailto:SARCTraining@health.wa.gov.au)

For Translating Services contact TIS [Translating and Interpreting Service \(TIS National\)](#)

Updated February 2025

## Australia – wide services (counselling and other support)

<p><b>13YARN:</b> “There is always hope at the end of a yarn”. Provide crisis support 24/7 without judgement and provide a confidential, culturally safe space to yarn about any needs, worries or concerns.</p>	<p>13 92 76 <a href="#">13YARN - Call 13 92 76   24 /7 Crisis support for Aboriginal and Torres Strait Islanders</a></p>
<p><b>1800 RESPECT</b> are available for free 24/7 to support people impacted by domestic, family or sexual violence.</p>	<p>1800 737 732 <a href="#">Home   1800RESPECT</a></p>
<p><b>Alcoholics Anonymous</b> is a fellowship of people who share their experience, strength and hope to help others recover from alcoholism.</p>	<p>1300 222 222 <a href="#">Alcoholics Anonymous - Alcoholics Anonymous</a></p>
<p><b>Ask Izzy</b> – a free and anonymous national website to find support services to help with housing; meals; healthcare; counselling; legal advice; addiction treatment &amp; much more.</p>	<p><a href="#">Ask Izzy</a></p>
<p><b>Auslan Services</b> is a leading provider of Auslan interpreting services in Australia.</p>	<p>1300 AUSLAN (1300 287 526) <a href="#">Book Auslan Interpreters Nationwide - Auslan Services</a></p>
<p><b>Beyond Blue</b> offers free online or phone mental health support 24/7.</p>	<p>1300 22 4636 <a href="#">Get mental health support - Beyond Blue</a></p>
<p><b>Black Dog Institute</b> – is not a crisis centre but provides free and confidential mental health resources for emergency service workers and volunteers.</p>	<p><a href="#">Black Dog Institute   Better Mental Health   Science. Compassion. Action.</a></p>
<p><b>Blue Knot Foundation</b> provide information and support for anyone who is affected by complex trauma.</p>	<p>1300 657 380 Blue Knot Helpline and Redress Support Service <a href="#">Blue Knot Foundation</a></p>
<p><b>Butterfly Foundation</b> is for anyone in Australia impacted by an eating disorder or a body image issue.</p>	<p>1800 33 4673 Email: <a href="mailto:support@butterfly.org.au">support@butterfly.org.au</a> <a href="#">How we help - Butterfly Foundation</a></p>

## Australia – wide services (counselling and other support) continued...

<b>Dardi Munwurro</b> is Australia's first 24-hour crisis line providing phone support for Aboriginal men who need someone to talk to.	(03) 8456 3044 <a href="#">Home - Dardi Munwurro</a>
<b>eSafety Commissioner</b> – this information will help you deal with domestic, family, and sexual violence that happens online or uses digital technology.	If unsafe right now call 000 or 1800RESPECT <a href="#">Domestic violence   eSafety Commissioner</a>
<b>Family Drug Support Australia (FDS)</b> offers a free national telephone support line 24/7 anywhere in Australia.	1300 368 186 <a href="#">Family Drug Support - Family Drug Support Australia</a>
<b>Financial Counselling Australia</b> offers free resources & advice from a private counsellor.	1300 007 007 <a href="#">Homepage - Financial Counselling Australia</a>
<b>Full Stop Australia</b> offers 24/7 telephone or online counselling to people affected by sexual, domestic, or family violence.	1800 FULL STOP (1800 385 578) <a href="#">Find services   Full Stop Australia</a>
<b>Headspace</b> is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds.	1800 650 890 eheadspace: <a href="http://www.eheadspace.org.au">www.eheadspace.org.au</a> <a href="#">Find a centre - Australia wide   headspace</a>
<b>Here for you</b> is a statewide, confidential, non-judgemental telephone service for anyone in WA concerned about their own or another person's mental health issues and/or alcohol and other drug use.	1800here4u (1800 437 348) 7am -10pm 7 days a week Email: <a href="mailto:hereforyou@mhc.wa.gov.au">hereforyou@mhc.wa.gov.au</a>
<b>Kids Helpline</b> is Australia's only free (even from mobiles) confidential 24/7 online & phone counselling service for young people aged 5-25.	1800 55 1800 <a href="#">About Kids Helpline   FREE 24/7 Phone &amp; Online Counselling Service</a>
<b>Lifeline</b> provide compassionate support for people in crisis. No judgement. No conditions. No agenda. Just a human connection to help people get through their darkest moments.	13 11 14 or text option 0477 13 11 14 <a href="#">Our Services - Lifeline Australia</a>
<b>MATES</b> raises awareness of suicide among Australian mining/construction workers as a preventable problem & offers a support line & case management to workers who need help and support.	1300 642 111 Available 24/7 <a href="#">MATES - Industry Based Suicide Prevention</a>
<b>MensLine Australia</b> is a free telephone and online counselling service offering support for Australian men anywhere, anytime.	1300 78 99 78 <a href="#">Free help, referrals &amp; counselling for men: MensLine Australia</a>
<b>Mission Australia</b> is an integrated nationwide service helping disadvantaged children, young people & families find safe, affordable housing & support with mental illness and disability.	1800 88 88 68 <a href="#">What we do   Mission Australia</a>



## Australia – wide services (counselling and other support) continued...

<p><b>Narcotics Anonymous</b> is a non-profit fellowship of people who are recovering addicts that meet regularly to help each other stay clean.</p>	<p>1300 652 820  <a href="#">Home - Narcotics Anonymous Australia</a></p>
<p><b>National Gambling Helpline</b> - free online support for anyone affected by gambling 24/7.</p>	<p>1800 858 858  <a href="#">Gambling Help Online</a></p>
<p><b>Open Arms – Veterans &amp; Families Counselling</b> offers free &amp; confidential counselling to help enhance wellbeing and mental health.</p>	<p>1800 011 046  <a href="#">Open Arms - Veterans &amp; Families Counselling</a></p>
<p><b>Panda – Perinatal Anxiety &amp; Depression Australia</b> supports the mental health of parents and families during pregnancy and in their first year of parenthood.</p>	<p>1300 726 306            Available 10am–5pm AEST Mon-Fri  <a href="#">PANDA</a></p>
<p><b>Pregnancy, Birth and Baby Helpline</b> offer access to a maternal child health nurse for personal advice &amp; guidance about pregnancy, birth, being a parent &amp; raising a child.</p>	<p>1800 882 436            Available 7am-Midnight 7 days a week  <a href="#">Pregnancy, Birth and Baby   Pregnancy Birth and Baby</a></p>
<p><b>QLife</b> provide anonymous and free LGBTIQ+ peer support and referral for people in Australia wanting to talk about sexuality, identity, gender, bodies, feelings, or relationships.</p>	<p>1800 184 527 Available 3pm – 12am  <a href="#">QLife - Support and Referrals</a></p>
<p><b>ReachOut Australia</b> is designed specifically for young people, is 100% online, anonymous, and confidential &amp; lets people connect on their terms.</p>	<p><a href="#">A Safe Place to Chat Anonymously, Get Support &amp; Feel Better   ReachOut Australia</a></p>
<p><b>SANE Australia</b> – for people with recurring or complex mental health issues and trauma.</p>	<p>1800 187 263  <a href="#">SANE Australia</a></p>
<p><b>StandBy Support After Suicide</b> is focused on supporting anyone who has been bereaved or impacted by suicide at any stage in their life.</p>	<p>1300 727 247  <a href="#">Find Support – StandBy</a></p>
<p><b>Suicide Call Back Service</b> – free nationwide phone &amp; online counselling available 24/7.</p>	<p>1300 659 467  <a href="#">Mental health counselling   Suicide Call Back Service</a></p>
<p><b>Translating and Interpreting Service (TIS)</b> is a free language translation support service. They can connect you to health and medical services in over 26 languages Australia wide.</p>	<p>131450 Available 24/7  <a href="#">Translating and Interpreting Service (TIS National)</a></p>



<b>WellMob</b> social, emotional & cultural wellbeing online resources for Aboriginal and Torres Strait Islander People.	<a href="#">Key Resources - WellMob</a>
<b>Wellways Helpline</b> is a peer-led helpline staffed by trained volunteers with personal experience of mental health issues. It offers support, referral services and information to people, their family and friends who may be experiencing mental health issues.	1300 111 400 Available 9am – 9pm AEST <a href="#">Wellways Helpline - Wellways</a>
<b>White Ribbon Australia</b> is part of a global social movement working to eliminate gendered violence.	<a href="#">Help lines - White Ribbon Australia</a>

## Department of Health Services in Western Australia (WA)

<b>CAHS – Child and Adolescent Health Service (CAHS)</b>	<a href="#">Child and Adolescent Health Service   CAHS</a>
<b>East Metropolitan Health Service</b>	<a href="#">East Metropolitan Health Service - Mental Health</a>
<b>North Metropolitan Health Service</b>	<a href="#">North Metropolitan Health Service - Mental Health</a>
<b>South Metropolitan Health Service</b>	<a href="#">South Metropolitan Health Service - Mental health</a>
<b>WA Association for Mental Health</b>	<a href="#">Support   WAAMH</a>
<b>WA Country Health Service</b>	<a href="#">WA Country Health Service - Our Regions</a>
<b>Youth mental health services - north</b>	<a href="#">North Metropolitan Health Service - Youth Mental Health</a>
<b>Youth mental health services- south</b>	<a href="#">Fiona Stanley Fremantle Hospitals Group - Youth mental health</a>



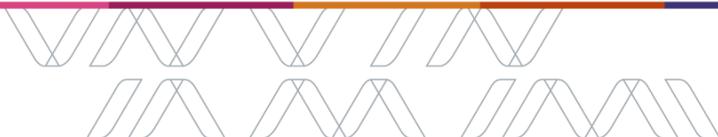
## General - Services across WA

<p><b>Aboriginal Health Council of Western Australia (AHCWA)</b> is the peak body for Aboriginal Health services in WA.</p>	<p>(08) 9227 1631  <a href="#">Sector Support – AHCWA</a></p>
<p><b>Anglicare WA</b> helping people in times of need and offering a wide range of <b>86</b> services in <b>55</b> locations across WA.</p>	<p>1300 11 44 46  <a href="#">Locations   Anglicare WA</a></p>
<p><b>Centrecare</b> is a service for individuals, families and children affected by domestic and family violence.</p>	<p>(08) 9325 6644  <a href="#">Home - Centrecare</a></p>
<p><b>Carers WA</b> supports the empowerment and wellbeing of carers through a range of programs, services and advocacy.</p>	<p>1300 227 377  <a href="#">Our Services   Financial, Health &amp; Lifestyle Planning Support   Carers WA</a></p>
<p><b>Centre for Women’s Safety and Wellbeing</b> is the leading voice for women and children affected by gender-based violence in WA.  <b>Locate Perth refuges.</b></p>	<p>(08) 9420 7264  <a href="#">Home Page - Centre for Women's Safety and Wellbeing</a></p>
<p><b>Child Sexual Abuse Therapy Service (Anglicare)</b> for children (5-18yrs) affected by sexual trauma and their carers.</p>	<p>1300 11 44 46  <a href="#">Child Sexual Abuse Therapy Service   Anglicare WA</a></p>
<p><b>Child Witness Service</b> helps children and young people under 18 years of age who may need to give evidence in court.</p>	<p>(08) 9425 2850 or 1800 818 988  <a href="#">Child Witness Service   Western Australian Government</a></p>
<p><b>Community Mental Health Step Up-Step Down Services</b> offer a supportive, residential environment where people living with a mental illness can stay for a short period of time.</p>	<p>(08) 6553 0600  <a href="#">Mental Health Commission   Home</a></p>
<p><b>ConnectGroups</b> help support groups and individuals to be connected to services, information, and training.</p>	<p><a href="#">Directory   ConnectGroups</a></p>
<p><b>Crisis Care Helpline</b> provide WA’s after-hours response to reported concerns for a child’s safety and wellbeing and information and referrals for people experiencing crisis and homelessness and FDV for accommodation assistance and support services.</p>	<p>1800 199 008 or 9223 1111 Available 24/7  <a href="#">Crisis Care   Western Australian Government</a></p>
<p><b>Cyrenian House</b> provide a continuum of care to people affected by alcohol/drug issues with a range of treatment options throughout WA.</p>	<p>(08) 9328 9200  <a href="#">Cyrenian House   Alcohol &amp; Other Drug Treatment Service</a></p>



## General - Services across WA continued...

<p><b>Men's Domestic Violence Helpline</b> is a state-wide 24-hour service providing telephone information and referral to ongoing face to face services for men who are concerned about their violent and abusive behaviours.</p>	<p>1800 000 599  <a href="#">Men's Domestic Violence Helpline   Western Australian Government</a></p>
<p><b>Men's Health &amp; Wellbeing WA</b> focuses on improving the health and wellbeing outcomes for boys and men in WA.</p>	<p>0499 076 925  <a href="#">Men's Directory Online   Mens Health WA</a></p>
<p><b>Men's Sheds of WA</b> provide a place where men can feel included and safe &amp; where they can work on their own projects and give back to the community.</p>	<p>(08) 6381 5324  <a href="#">Home - Men's Sheds of WA</a></p>
<p><b>Multicultural Services Centre of WA</b> provide settlement, welfare, education, cultural, legal and related needs of CaLD West Australians.</p>	<p>(08) 9328 2699  <a href="#">Home - MSCWA</a></p>
<p><b>My Community Directory</b> provide up-to-date information for community organisations who provide services within WA.</p>	<p><a href="#">Western Australia Community Directory</a></p>
<p><b>Ngala Parenting Line</b> offers free parenting support from qualified professionals</p>	<p>(08) 9368 9368 Available 8am-8pm daily</p>
<p><b>Palmerston</b> provide support for people with both mental health, alcohol and other drug concerns including counselling, groups, residential rehabilitation &amp; educational initiatives.</p>	<p>(08) 9328 7355 <b>Perth office</b>  <a href="#">Services - Palmerston</a></p>
<p><b>Relationships Australia</b> – provide relationship support services for individuals, couples, families and communities across WA.</p>	<p>1300 364 277 to contact the nearest branch  <a href="#">Relationships Australia - Western Australia - Relationships WA</a></p>
<p><b>RUAH Community Services</b> help vulnerable &amp; disadvantaged people navigate the trauma of homelessness, domestic violence, and the stigma of living with chronic mental health challenges.</p>	<p>13 RUAH (13 78 24)  <a href="#">Services &amp; Support   Ruah Community Services</a></p>
<p><b>Rural Link</b> is an after-hours telephone service for people in rural and regional WA experiencing a mental health crisis.</p>	<p>1800 552 002  <a href="#">Rurallink (mhc.wa.gov.au)</a></p>
<p><b>Samaritans WA</b> provide face-to-face counselling or telephone support to people living with mental health, homelessness, and family and domestic violence issues.</p>	<p>0863 839 850  <a href="#">The Samaritans – Anonymous Emotional Support</a></p>



## General - Services across WA continued...

<p><b>SensesWA</b> works in partnership with individuals, families, and carers to improve the quality of life for people who are deafblind, vision impaired, or living with a disability.</p>	<p>1300 111 881            Email: <a href="mailto:customerservice@senses.org.au">customerservice@senses.org.au</a>  <a href="#">Contact Us - Disability Support SensesWA</a></p>
<p><b>The Green Book Service directory</b> lists alcohol and other drug treatment and support services in WA.</p>	<p><a href="#">The Green Book</a></p>
<p><b>The Luminos Project</b> is a non-medical, short stay residential service for young people aged 16-24 experiencing thoughts of suicide. Designed to have a home like environment with an opportunity to engage in therapeutic activities</p>	<p>(08) 6230 3903            For support: 0863 839 850  <a href="#">The Luminos Project - The Samaritans WA</a></p>
<p><b>The WA Police Safe2Say</b> platform allows you to anonymously report sexual crimes, including child abuse matters. It provides you with a confidential Report ID and PIN code which allows anonymity of communication with specialist detectives.</p>	<p><a href="#">Safe2Say</a>            This is NOT a crisis hotline.  <b>Please call 000 or 131444 for support if required.</b></p>
<p><b>Victim Support Service</b> provide free, confidential counselling and support services for all victims of crime.</p>	<p>(08) 9425 2850 or 1800 818 988  <a href="#">Victim Support Service   Western Australian Government</a></p>
<p><b>WACconnect</b> is a directory of community service providers managed by the DropIN team at the Western Australian Council of Social Services.</p>	<p><a href="#">WACconnect - Community Services Directory</a></p>
<p><b>WA Network of Alcohol &amp; Other Drugs Agencies</b> is the peak body for the AOD education, prevention, treatment, and support sector in WA.</p>	<p>(08) 6557 9400  <a href="#">Treatment and Support Options   WANADA</a></p>
<p><b>WA Youth Services Directory</b> is your one stop location for all things 'youth'. There are direct contacts to people who help young people on their path through life.</p>	<p><a href="#">Home - WA Youth Service Directory (wayouthservicesdirectory.org.au)</a></p>
<p><b>Women's Domestic Violence Helpline</b> is a state-wide 24-hour service providing support for women, with or without children, who are experiencing family and domestic violence.</p>	<p>1800 007 339  <a href="#">Women's Domestic Violence Helpline   Western Australian Government</a></p>
<p><b>Youth Focus</b> is a mental health service for young people across WA. Provides a holistic response to family violence &amp; sexual abuse in counselling and community development.</p>	<p>(08) 6266 4333  <a href="#">Youth Counselling - Youth Focus</a></p>



## Support Services in Metropolitan Perth, WA

<p><b>ASeTTS</b> provides counselling services to all ages for people from refugee backgrounds and asylum seekers.</p>	<p>(08) 9227 2700  <a href="#">Counselling - ASeTTS</a></p>
<p><b>CAMHS</b> – Child and Adolescent Mental Health Service. Provides expert help to children &amp; young people for crisis management &amp; urgent tele-health mental health support.</p>	<p>CAMHS Crisis Connect – available 24/7            1800 048 636</p>
<p><b>Communicare</b> work collaboratively with individuals, families, and communities to facilitate social and economic inclusion for all.</p>	<p>(08) 9251 5777  <a href="#">Get Support Archive - Communicare</a></p>
<p><b>Derbarl Yerrigan Health Service</b> provide holistic and integrated primary health care services to Aboriginal people.</p>	<p>1300 420 272  <a href="#">Services • Derbarl Yerrigan • Aboriginal Medical Health Service</a></p>
<p><b>East Metropolitan Youth Unit (EMyU)</b>            Is a 12-bed inpatient service which provides mental health inpatient care for young people aged 16 to 24 presenting with complex and acute mental health issues.</p>	<p>(08) 9416 3666  <a href="#">East Metropolitan Health Service - East Metropolitan Youth Unit (EMyU)</a></p>
<p><b>Foyer Oxford</b> combines holistic support, high quality housing &amp; access to flexible training for young people aged 16-23.</p>	<p>1800 185 685  <a href="#">Make a Referral (foyeroxford.org.au)</a></p>
<p><b>Holyoake</b> offers counselling programs to support those who are affected by alcohol, other drugs, or related mental health issues.</p>	<p><b>Victoria Park</b> (08) 9416 4444  <b>Midland</b> (08) 9274 7055  <a href="#">Holyoake</a></p>
<p><b>Indigo Junction</b> provides a range of specialist support services for people in Midland or broader NE metro area.</p>	<p>(08) 9274 7929 Karnany            (08) 9255 2202 Koolkuna  <a href="#">Community services   Indigo Junction</a></p>
<p><b>Ishar Multicultural Women’s Health Services</b> provide a range of holistic services to women from all walks of life and cultural backgrounds.</p>	<p>(08) 9345 5335  <a href="#">Ishar Multicultural Women's Health Services</a></p>
<p><b>Life without Barriers</b> offers connection to community with support for foster carers, people living with a disability, aged care, forced marriage support plus many others.</p>	<p>1800 935 483  <a href="#">Life Without Barriers</a></p>
<p><b>Luma – for her health and wellbeing</b> including medical, counselling, drug &amp; alcohol support, domestic violence, mental health, and other health services for women &amp; their families.</p>	<p>(08) 6330 5400  <a href="#">Luma: For Her Health &amp; Wellbeing - Women's Health Clinic Perth</a></p>
<p><b>MercyCare</b> offers a range of services to children, young people and their families as well as supporting older people and the elderly.</p>	<p>(08) 9442 3444  <a href="#">Family Wellbeing Program – Support Service   MercyCare</a></p>



## Support Services in Metropolitan Perth, WA continued...

<p><b>M Clinic</b> – a discreet, confidential nurse-based sexual health clinic that provides health services for men who have sex with men, trans, non-binary &amp; gender-queer persons in the Perth region.</p>	<p>(08) 9227 0734  <a href="#">About Us - M Clinic</a>                      HIV/STI information line 1300 565 257</p>
<p><b>MHERL</b> (the Mental Health Emergency Response Line) provide a 24/7 telephone service for people in the Perth Metropolitan area experiencing a mental health crisis.</p>	<p>1300 555 788 (<b>Perth</b>) 1800 676 822 (<b>Peel</b>)  <a href="#">24 Hr Mental Health Emergency Response Line</a></p>
<p><b>Midland Women’s Health Care Place</b> provide affordable services that promote and support the health and well-being of women across their lifespan – no referral needed.</p>	<p>(08) 9250 2221  <a href="#">Services   MWHCP: Midland Women's Health Care Place</a></p>
<p><b>Multicultural Futures</b> provide quality support to multicultural communities, and have a broader interest of driving systemic change.</p>	<p>(08) 9336 8282  <a href="#">Multicultural Futures: Forging a multicultural society</a></p>
<p><b>Next Step</b> provide a range of treatment services for people experiencing problems associated with their AOD use, as well as support for families.</p>	<p>(08) 6553 0600  <a href="#">Next Step Drug and Alcohol Services</a></p>
<p><b>Naala Djookan Healing Centre</b> simplifying access for women affected by family and domestic violence by providing trauma informed therapeutic services.</p>	<p>(08) 9205 7555  <a href="#">Home - Naala Djookan Healing Centre</a></p>
<p><b>People with Disabilities WA</b> provide non-legal advocacy for the rights of people with disability while giving them a voice.</p>	<p>(08) 9420 7279 or 1800 193 331  <a href="#">Home   PWdWA</a></p>
<p><b>Rainbow Community House</b> provide face to face individual, family, couple &amp; group counselling to young people in the gender and sexually diverse community aged 12-25.</p>	<p>(08) 6370 4210  <a href="#">Rainbow Community House</a></p>
<p><b>Relationships Australia Djinda Service</b> provide free counselling and legal support for families who have experienced family violence and/or sexual assault.</p>	<p>(08) 6164 0650  <a href="#">Djinda Service - Relationships WA</a></p>
<p><b>Safe at Home</b> – these programs can provide outreach workers who can assist you to stay safe in your home or support you in the community even if you have not accessed a refuge.</p>	<p>(08) 9420 7264  <a href="#">Services - Centre For Women's Safety and Wellbeing</a></p>



## Support Services in Metropolitan Perth, WA continued...

<p><b>Sexuality Education Counselling and Consultancy Agency (secca)</b> designed to support people living with disabilities to learn about human relationships, sexuality and sexual health.</p>	<p>(08) 9420 7226</p> <p><a href="#">Home - SECCA</a></p>
<p><b>South Coastal Babbingur Mia</b> supporting women, children, new mums, mums to be, men (young &amp; older) for good health, social and emotional well-being.</p>	<p><b>Rockingham</b> (08) 9550 0900</p> <p><a href="#">Mental Health Support Program - South Coastal Health and Community Services</a></p>
<p><b>South Coastal Health &amp; Community Services</b> provides health and psychological services for women, children, and the family.</p>	<p><b>Rockingham</b> (08) 9550 0900</p> <p><a href="#">Home - South Coastal Health and Community Services</a></p>
<p><b>South Terrace Clinic</b> is a free service, offering a wide range of multidisciplinary services to treat, screen and educate people about STIs. No Medicare card required.</p>	<p><b>Fremantle</b> (08) 94312149</p> <p><a href="#">Fiona Stanley Fremantle Hospitals Group - Sexual Health</a></p>
<p><b>TransFolk of WA</b> offers online spaces that are safe and welcoming where members can swap important information, socialise, and share experiences.</p>	<p>Email: <a href="mailto:admin@transfolkofwa.org">admin@transfolkofwa.org</a></p> <p><a href="#">Home - TransFolk of WA</a></p>
<p><b>Uniting WA</b> offers a range of support services to people in need in the Perth metro area, and the Great Southern region.</p>	<p>1300 663 298</p> <p><a href="#">About Uniting WA - Community Support Provider</a></p>
<p><b>WAAC</b> provide counselling and emotional support to people living with HIV and young LGBTIQ+ people.</p>	<p>(08) 9482 0000</p> <p><a href="#">LGBTQIA+ &amp; HIV Mental Health Services   WAAC</a></p>
<p><b>Women's Information Service</b> provide free, confidential information and referral advice.</p>	<p>1800 124 684 or (08) 6496 0001</p> <p><a href="#">Women's Information Service - Entrypoint Perth</a></p>
<p><b>Wungening Aboriginal Corporation</b> exist to empower Aboriginal people to reconnect with their mind, body, spirit and community.</p>	<p>(08) 9221 1411 <b>East Perth Hub</b></p> <p><a href="#">Wungening Aboriginal Corporation</a></p>
<p><b>YACWA</b> provide a voice and acts as a role model for the definition and demonstration of youth participation.</p>	<p>(08) 9227 5440</p> <p><a href="#">YACWA Youth Educating Peers - YACWA</a></p>



<p><b>Yorgum Aboriginal Corporation</b> provide community-based healing services to Aboriginal people. They work from an Aboriginal Family Worldview.</p>	<p>1800 469 371  <a href="#"><u>Yorgum Healing Services - Yorgum Healing Services Aboriginal Corporation</u></a></p>
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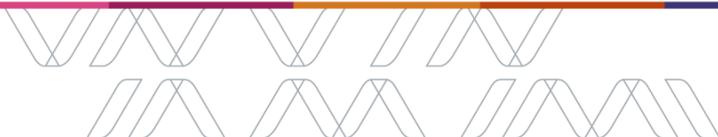
## Sexual Assault/Abuse Support Services in Metropolitan Perth, WA

<p><b>Sexual Assault Resource Centre (SARC)</b> provide a range of free medical, forensic, and counselling services to people 13+ in the metropolitan area, and free telephone advice/support to non-metropolitan areas.</p>	<p>24hr Emergency &amp; Crisis Counselling  (08) 6458 1828 or 1800 199 888  <a href="#"><u>King Edward Memorial Hospital - Sexual Assault Resource Centre (SARC)</u></a></p>
<p><b>Sexual Health Quarters (SHQ)</b> offers an accessible and inclusive counselling service where sexual health, relationship and unplanned pregnancy issues can be talked through.</p>	<p>(08) 9227 6177  <a href="#"><u>Counselling Services - Sexual Health Quarters</u></a></p>
<p><b>Phoenix Support &amp; Advocacy Services Inc.</b> provide assistance in dealing with both current and historical child sexual abuse.</p>	<p>(08) 9443 1910  <a href="#"><u>Child Sexual Abuse Organisation   Phoenix Support &amp; Advocacy Services</u></a></p>
<p><b>Child Protection Unit Perth Children's Hospital (CPU)</b> provide medical, forensic, social work and therapeutic services for children and their families who have experienced child sexual abuse.</p>	<p>(08) 9223 1111 or 1800 199 008  <a href="#"><u>Child Protection Unit</u></a></p>
<p><b>Parkerville Children and Youth Care -</b> advocate for and provide specialist care and services to those most vulnerable in the WA community, including children, young people and families who have experienced trauma from abuse.</p>	<p>(08) 9235 7000  <a href="#"><u>Parkerville   Parkerville: Home - Children and Youth Care</u></a></p>

## Support Services in Regional WA

### Gascoyne

<p><b>Carnarvon Family Support Service</b> provide a range of free counselling services for individuals, couples, and families, face-to-face and by telephone.</p>	<p>(08) 9941 1251  <a href="#"><u>CFSS WA   Charitable family services, Carnarvon</u></a></p>
<p><b>Nyarlu Duwa Women's Refuge (Meekatharra FDV service)</b> is a safe place for women and children to visit, to stay, rest and talk with others.</p>	<p><b>Meekatharra:</b> 0458 881 488  <a href="#"><u>Nyarlu Duwa Women's Refuge (Meekatharra FDV service) - Centre for Women's Safety and Wellbeing</u></a></p>



## Support Services in Regional WA continued...

### Goldfields – Esperance

<p><b>Bega Garnbirringu Health Service</b> provide a confidential Social &amp; Emotional Wellbeing program to Aboriginal clients in Kalgoorlie.</p>	<p><b>Kalgoorlie</b> 1800 037 037  <a href="#">Bega Garnbirringu   About Bega's Clinical Services</a></p>
<p><b>Mara Pirni Healing Place (Hope)</b> is a centrally located, wrap-around provider of a range of services for women, children, families, and victims of Family and Domestic Violence in the Goldfields North Region.</p>	<p><b>Kalgoorlie</b> (08) 6001 7030  <a href="#">Mara Pirni Healing Place - Hope Community Services</a></p>

### Great Southern

<p><b>Anglicare – Albany Women’s Centre</b> Crisis &amp; emergency accommodation.</p>	<p><b>Albany</b> (08) 9845 6666  <a href="#">Albany Women's Centre   Anglicare WA</a></p>
<p><b>Richmond Wellbeing</b> – supporting people with mental health concerns with a range of social connection and group supports.</p>	<p><b>Albany</b> 1800 742 466  <a href="#">Albany Fellowship House - Richmond Wellbeing</a></p>

### Kimberley

<p><b>Boab Health Services</b> provide free, confidential, and safe counselling services for people living in the Kimberley region.</p>	<p><b>Broome:</b> (08) 9192 7888  <b>Kununurra:</b> (08) 9166 8100  <a href="#">Mental Health Services - Boab Health</a></p>
<p><b>Djarindjin Safehouse</b> offering 24/7 support &amp; counselling for women and children.</p>	<p><b>Djarindjin:</b> 0409 950 736</p>
<p><b>Gawooleng Yawoodeng Women’s Crisis Centre</b> offering 24/7 support &amp; counselling for women and children.</p>	<p><b>Kununurra:</b> (08) 9169 1049</p>
<p><b>Kimberley Sexual Abuse Prevention and Support Service</b> offers free counselling to child and adult victims of sexual abuse and assault.</p>	<p><b>Broome:</b> (08) 9194 2400  <b>Kununurra:</b> (08) 9166 5000  <a href="#">Kimberley Sexual Abuse Prevention and Support Service   Anglicare WA</a></p>
<p><b>Kimberley Stolen Generation Aboriginal Corporation</b> provides a Link-Up service for Indigenous people who have lost touch with their families. They can also help people with confidential applications for redress and can provide counselling support.</p>	<p><b>Broome:</b> 1800 830 338  <b>National Info Redress line:</b> 1800 737 377  <a href="#">Services (kimberleystolengeneration.com.au)</a></p>



## Support Services in Regional WA continued...

### Kimberley continued...

<p><b>Marooloo Counselling Service</b> specialises in child sexual abuse and can facilitate educational workshops on the topic of protective behaviours to individuals, families, and the surrounding community.</p>	<p><b>Derby</b> (08) 9191 0100  <a href="#">Marooloo Child Sexual Response Service   Anglicare WA</a></p>
<p><b>Marnin Bowa Dumburra Family Healing Centre</b> offering 24/7 legal support &amp; counselling for women and children.</p>	<p><b>Derby</b> 0439 087 395  <a href="#">Marnin Bowa Dumbara Family Healing Centre</a></p>
<p><b>Marninwarantikura Women's Resource Centre</b> offering 24/7 legal support &amp; counselling for women and children.</p>	<p><b>Fitzroy Crossing</b> (08) 9191 5284  <a href="#">Marninwarantikura – Marninwarantikura Fitzroy Women's Resource Centre</a></p>
<p><b>Ngaringga Ngurra Safe House</b> offering 24/7 support &amp; counselling for women and children.</p>	<p><b>Halls Creek</b> (08) 9168 6653</p>
<p><b>Ngnowar-Aerwah Aboriginal Corporation</b> services include a sobering up centre; a women's safe house; community, and a 7-mile residential rehabilitation centre.</p>	<p><b>Wyndham</b> (08) 9161 1496  <a href="#">Ngnowar Aerwah Aboriginal Corporation</a></p>

### Mid-West

<p><b>Chrysalis House Women's Refuge – crisis accommodation for women &amp; children.</b></p>	<p><b>Geraldton</b> (08) 9964 2173  <a href="#">Chrysalis House Women's Refuge   Desert Blue Connect</a></p>
<p><b>Fusion Geraldton</b> – working with people with long term and persistent MH issues to find purpose and meaning as they work on their own recovery journey.</p>	<p><b>Geraldton</b> (08) 9965 0517            Referrals via <a href="mailto:Geraldton.fmhu@fusion.org.au">Geraldton.fmhu@fusion.org.au</a>  <a href="#">Fusion Mental Health Units   Fusion</a></p>
<p><b>Horizon House</b> supporting young people 16–22 years old at risk of homelessness or who are homeless.</p>	<p><b>Geraldton</b> 0447 275 494 or (08) 9964 3042  <a href="http://sjog.org.au">Geraldton (sjog.org.au)</a></p>

### Ngaanyatjarra Lands

<p><b>Ngaanyatjarra Health Service</b> has 11 community Primary Health Care Centres, some are staffed by experienced Remote Area Nurses, Aboriginal Health Workers, and Allied Health Staff.</p>	<p><b>Warburton (Ranges)</b> (08) 8956 7685  <a href="#">Clinical Services   Ngaanyatjarra Health Service Public Website</a></p>
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## Support Services in Regional WA continued...

### Pilbara

<p><b>Aboriginal Males Healing Centre</b> offers an alternative to incarceration for men that use violence against women and children. They aim to heal these men and break the cycle of violence.</p>	<p><b>Newman</b> <a href="#"><u>Aboriginal Males Healing Centre</u></a></p>
<p><b>Bloodwood Tree Association</b> supporting vulnerable, at-risk, and homeless people.</p>	<p><b>South Hedland</b> (08) 9138 3000 <a href="#"><u>Welcome to the Bloodwood Tree Association</u></a></p>
<p><b>Hedland Well Women's Centre</b> provide free individual or couples counselling for a range of issues.</p>	<p><b>South Hedland</b> (08) 9140 1124 <a href="#"><u>Counselling   Hedland Well Women's Centre</u></a></p>
<p><b>Nintirri Centre</b> provide counselling, support, and prevention programs to raise awareness and reduce the incidence of family and domestic violence.</p>	<p><b>Tom Price</b> 0447 151 031 <a href="#"><u>Karijini Family Violence Counselling and Advocacy - Nintirri</u></a></p>
<p><b>Pilbara Community Legal Service (PCLS)</b> Domestic Violence Advocacy &amp; Victim Support Service.</p>	<p><b>Karratha</b> (08) 9185 5899 <a href="#"><u>Domestic Violence Advocacy Support and Outreach – Pilbara Community Legal Services</u></a></p>
<p><b>Pilbara Mental Health &amp; AOD Services</b> provide specialist mental health services to the Pilbara region across all age groups.</p>	<p><b>Newman/Tom Price</b> (08) 9174 1240 <b>Headland</b> (08) 9174 1240 <b>Karratha</b> (08) 9144 7800 <a href="#"><u>WA Country Health Service - Mental health services</u></a></p>
<p><b>Turner River Rehabilitation Centre</b> is a 24-bed facility that uses the Therapeutic Community (TC) model for treatment and addiction recovery that includes mental and physical healing.</p>	<p>(08) 9172 4490 <a href="#"><u>Drug and Alcohol Services - Yaandina Community Services</u></a></p>
<p><b>Yaandina Community Services</b> provide counselling and healing support to young people, (5-18 years) and their families affected by childhood sexual abuse in Roebourne and surrounding areas.</p>	<p><b>Roebourne</b> (08) 9182 1566 <a href="#"><u>Yaandina</u></a></p>



## Support Services in Regional WA continued...

### South West

<b>Advocacy WA</b> is a free service for people living with a disability in the Southwest region of WA.	<b>Bunbury</b> (08) 9721 6444 <u>Advocacy WA</u>
<b>Community Safe Space Busselton</b> is a drop-in style, non-clinical approach to suicide prevention, emotional distress & general wellbeing.	Email: <a href="mailto:info@busseltoncss.com.au">info@busseltoncss.com.au</a> <b>Busselton CSS – Busselton Community Safe Place</b>
<b>Henri Nouwen House</b> offers support programs for many of life traumas.	<b>Bridgetown</b> (08) 9761 2027
<b>South West Community Alcohol &amp; Drug Service</b> a specialist team working with clients to reduce the harm associated with use of AOD.	<b>Bunbury</b> (08) 9721 9256 <u>South West Community Alcohol and Drug Service</u>

### Wheatbelt

<b>Holyoake's</b> Wheatbelt Community Alcohol and Drug Service (WCADS) aims to reduce alcohol and other drug related harm through counselling and support services for individuals, families & the community.	<b>Northam</b> (08) 9621 1055 <b>Narrogin</b> (08) 9881 1999 <b>Merredin</b> (08) 9081 3396 <u>Holyoake</u>
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## Regional sexual assault services

### Goldfields-Esperance

<b>Kalgoorlie:</b> <b>Goldfields Women's Health Care Centre</b> is the local SASS service for the Goldfields region. Offering specialised and free-of-charge counselling services for recent or past sexual assault or abuse.	During office hours: (08) 9021 8266 After business hours: 0499 167 639 (24/7) Free call: 1800 199 888 <u>Goldfields Women's Health Care Centre - Sexual Assault Support Service</u>
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### Mid-West

<b>Geraldton:</b> <b>Desert Blue Connect</b> offers free counselling and support for people experiencing trauma from recent or past sexual assault and/or abuse. Available to both male and female clients 13+.	24hr Sexual Assault Crisis Line: 1800 016 789 or (08) 9964 2742 <u>Sexual Assault Counselling   Desert Blue Connect</u>
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### Peel

<b>Mandurah:</b> <b>Allambee</b> offers counselling support for individuals who have experienced or been affected by past or recent sexual abuse and/or sexual assault.	During business hours: (08) 9535 8263 or after hours call SARC 24hr emergency line on 1800 199 888 <u>Sexual Violence and Abuse   Allambee</u>
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## Regional sexual assault services continued . . .

### Pilbara

#### Port Hedland:

**Acacia Support Service** offers high quality support for anyone over 13+ who have been affected by sexual assault or sexual abuse.

(08) 6164 0520

[Acacia Support Service - Relationships WA](#)

### South West

#### Bunbury:

**Waratah** provides free, specialised, and therapeutic intervention, counselling and support services for people who have experienced sexual assault and/or sexual abuse and/or family domestic violence.

During business hours: (08) 9791 2884

24hr crisis care call: 1800 017 303

[Infomation+Booklet Sexual+Abuse+Assault.](#)

[Sexual assault service - Waratah](#)



Image source: [Services - Centre for Women's Safety and Wellbeing](#)



## Immediate Help:

**Call 000** or get immediate help from your nearest hospital emergency department, doctor, or nursing post. Find WA Hospitals here: [Our hospitals \(health.wa.gov.au\)](https://www.health.wa.gov.au/our-hospitals)

## Health issues, WA:

The following organisations are able to provide information and advice on various health issues:

[Women's Health and Family Services](#) Northbridge Perth (08) 6330 5400

[Health Direct](#) 1800 022 222 (24 hrs health advice)

[Hepatitis WA](#) Helpline Metro (08) 9328 8538 / Country 1800 800 070

[WA AIDS Council](#) (WAAC) (08) 9482 0000

## Additional Information:

If you want to report a crime but remain anonymous, you can do this by reporting to Crime Stoppers WA through their website [Crime Stoppers Western Australia - Report anonymously \(crimestopperswa.com.au\)](https://www.crimestopperswa.com.au) or calling them on 1800 333 000.

To access this document, please go to the [SARC website](#).

This document can be made available in alternative formats on request.

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