



# Statewide Perinatal and Infant Mental Health Program

The Statewide Perinatal and Infant Mental Health Program (SPIMHP) is a non-clinical service providing support to Western Australian health and community professionals who work with families during the perinatal period.

The program includes education and training, health promotion initiatives, research, service coordination and support for clinical networks.

## Education and training

SPIMHP provides a number of professional development opportunities, such as its annual symposium, and training on the identification and management of perinatal mental health conditions.

## Health promotion and resources

SPIMHP has developed several helpful resources for health professionals to better support Western Australian families, including how to build secure attachment, where to find help when baby arrives, and statewide guidance on prevention and promotion.

## Research

SPIMHP is directly involved in research consultation and leading and contributing to collaborative and multi-disciplinary perinatal and infant mental health research projects.

For more information, contact SPIMHP at  
[wnhs.mhs.spimhp@health.wa.gov.au](mailto:wnhs.mhs.spimhp@health.wa.gov.au)  
or call (08) 6458 1786

Based at King Edward Memorial Hospital, SPIMHP supports all Western Australian families.

Scan the  
QR code  
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information

